

**FOR IMMEDIATE RELEASE**

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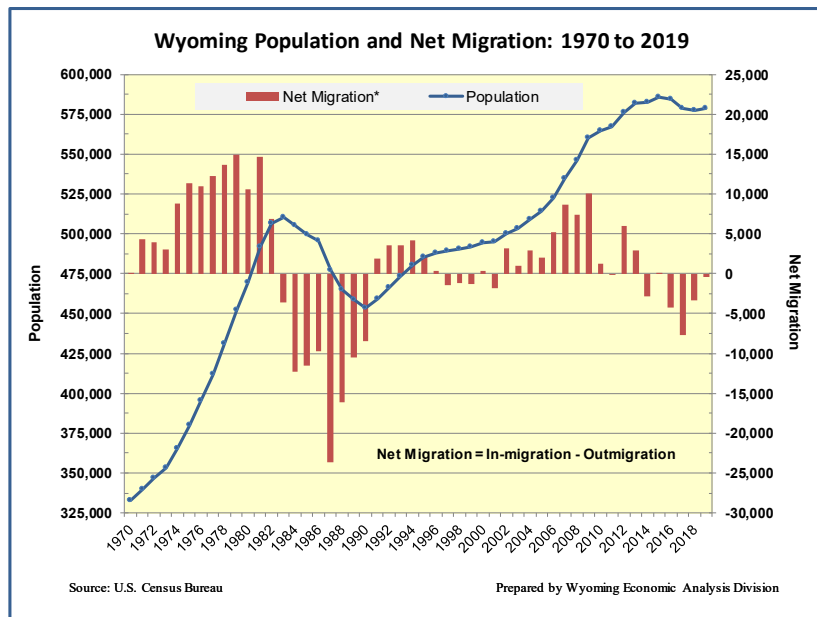
Contact: Dr. Wenlin Liu, Chief Economist

**WYOMING’S POPULATION CHANGE REVERSED DIRECTION**

**CHEYENNE** -- Wyoming’s total resident population grew slightly to 578,759 in July 2019, according to estimates just released by the U.S. Census Bureau. The annual increase from July 2018 was 1,158 persons, or 0.2 percent, after three consecutive years of decline. There are two factors contributing to the population change. The natural increase (6,601 births less 4,971 deaths) was 1,630, but the estimated net migration (in-migration less outmigration) was about -470, which means that 470 more residents left Wyoming than moved into the State between July 2018 and July 2019. In contrast, the net migration was about -3,300 and total population declined 1,330 between July 2017 and July 2018.

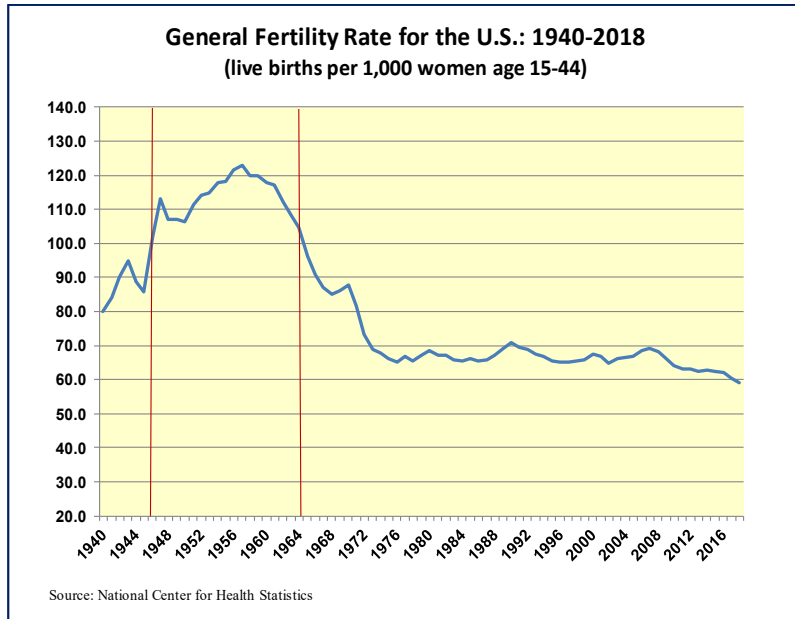
Nationally, the population was an estimated 328.2 million in 2019, an increase of 0.5 percent from the previous year. Idaho’s 2.1 percent rate led the nation, followed by Nevada (1.7%), Arizona (1.7%), and Utah (1.7%). Forty states and the District of Columbia saw population increase. Ten states lost population between 2018 and 2019, including West Virginia (-0.7%), Alaska (-0.5%), Illinois (-0.4%), and New York (-0.4%) during the 12-month period.

The reverse of population change from negative to positive was a reflection of economic improvement during the period. “People tend to move to areas

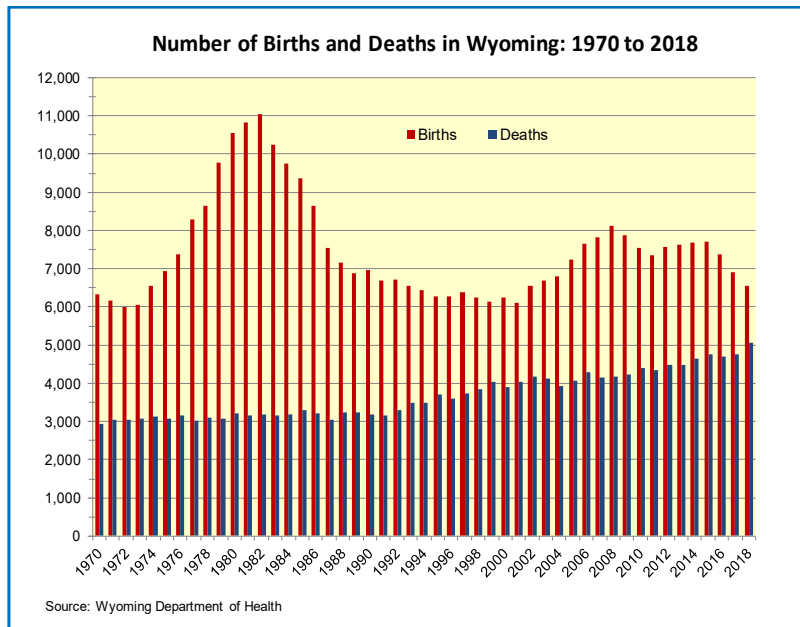


where the economy is vibrant, which is particularly true for Wyoming,” said Dr. Wenlin Liu, Chief Economist with the Economic Analysis Division. Changes in employment always tend to drive and lead the change in migration in the state. After the 2015-2016 downturn, Wyoming’s economy started to rebound in the beginning of 2017 and continued into 2019. The petroleum industry has led the rebound, and its activities also contributed to other industrial sectors’ improvement such as construction, manufacturing, wholesale trade, and transportation services. The increased operational efficiency of drilling businesses means that less workers were hired back amid energy industry’s revival. However, a strong increase in oil production in eastern Wyoming required additional pipeline to be built. As a result, the state’s overall labor market featured robust job growth of 1.9 percent between July 2018 and July 2019. Mostly driven by increased utility structure construction activities, the overall construction industry added 2,900 jobs, or 13.7 percent during the period, and contributed over 60 percent of total employment increase for the state.

Because of continued decline in fertility rate (the number of births per 1,000 females aged 15-44) and the aging of baby-boomers (born between 1946 and 1964) nationwide, the contribution to population from natural increase is becoming ever smaller. The fertility rate for the U.S. in 2018 was 59.1, a record low rate for the nation, down 2.0 percent from 2017 and down 14.7 percent from 2007 (pre-recession), according to National Vital Statistics Reports. In 2018, 3.79 million of births were registered, down from 4.32 million in 2007. On the other hand, the number of deaths increased from 2.42 million to 2.84 during the same period. As a result, natural increase dropped from 1.9 million in 2007 to just below 1 million in 2018. The U.S. population growth rate of 0.5 percent became one of the lowest figures ever registered in history.



In Wyoming, the fertility rate was 61.0 births per 1,000 females aged 15-44 in 2018, down 4.8 percent from 64.1 in 2017, one of the worst drops in the nation. The number of births was 8,134 and the number of deaths was 4,183 in 2008 (calendar year) based on Wyoming Department of Health data, so the natural increase (birth – death) was nearly 4,000 in that year. However, ten years later, the natural increase was just below 1,500 as births decreased to 6,556 and deaths increased to 5,069 in 2018. “The downturn of Wyoming’s energy dependent economy in 2015 and 2016 drove many residents out of the state, and the out-migration of this younger working population was also responsible for the fast decline of births.” Liu commented.



Wyoming has one of the highest proportions of baby boomers (age 54-72 in 2018) in the U.S. Population age 65 and over in the state grew 3.9 percent between 2017 and 2018, higher than the U.S. rate of 3.1 percent. “Both the number and the proportion of old residents will continued to grow fast in the coming decades as more boomers age into 65 years old, and so will the number of deaths,” Liu said. “Consequently, policy makers in many states must place increased attention on caring for a larger and more dependent aging population, and dealing with the realities of a slow-growing labor force.” Meanwhile, every state will have to rely heavily on domestic in-migration and international immigrants in order to fuel population growth or even to avoid decline.

The complete figures and methodology are available on the U.S. Census Bureau’s website at <http://www.census.gov/>

**Table 1. Annual Estimates of the Population for the United States, Regions, and States: April 1, 2010 to July 1, 2019**

Geographic Area	April 1, 2010		Population Estimate (as of July 1)									
	Census	Estimates Base	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
<b>United States</b>	308,745,538	308,758,105	309,321,666	311,556,874	313,830,990	315,993,715	318,301,008	320,635,163	322,941,311	324,985,539	326,687,501	328,239,523
<b>Northeast</b>	55,317,240	55,318,443	55,380,134	55,604,223	55,775,216	55,901,806	56,006,011	56,034,684	56,042,330	56,059,240	56,046,620	55,982,803
<b>Midwest</b>	66,927,001	66,929,725	66,974,416	67,157,800	67,336,743	67,560,379	67,745,167	67,860,583	67,987,540	68,126,781	68,236,628	68,329,004
<b>South</b>	114,555,744	114,563,030	114,866,680	116,006,522	117,241,208	118,364,400	119,624,037	120,997,341	122,351,760	123,542,189	124,569,433	125,580,448
<b>West</b>	71,945,553	71,946,907	72,100,436	72,788,329	73,477,823	74,167,130	74,925,793	75,742,555	76,559,681	77,257,329	77,834,820	78,347,268
Alabama	4,779,736	4,780,125	4,785,437	4,799,069	4,815,588	4,830,081	4,841,799	4,852,347	4,863,525	4,874,486	4,887,681	4,903,185
Alaska	710,231	710,249	713,910	722,128	730,443	737,068	736,283	737,498	741,456	739,700	735,139	731,545
Arizona	6,392,017	6,392,288	6,407,172	6,472,643	6,554,978	6,632,764	6,730,413	6,829,676	6,941,072	7,044,008	7,158,024	7,278,717
Arkansas	2,915,918	2,916,031	2,921,964	2,940,667	2,952,164	2,959,400	2,967,392	2,978,048	2,989,918	3,001,345	3,009,733	3,017,804
California	37,253,956	37,254,519	37,319,502	37,638,369	37,948,800	38,260,787	38,596,972	38,918,045	39,167,117	39,358,497	39,461,588	39,512,223
Colorado	5,029,196	5,029,319	5,047,349	5,121,108	5,192,647	5,269,035	5,350,101	5,450,623	5,539,215	5,611,885	5,691,287	5,758,736
Connecticut	3,574,097	3,574,147	3,579,114	3,588,283	3,594,547	3,594,841	3,594,524	3,587,122	3,578,141	3,573,297	3,571,520	3,565,287
Delaware	897,934	897,937	899,593	907,381	915,179	923,576	932,487	941,252	948,921	956,823	965,479	973,764
District of Columbia	601,723	601,767	605,226	619,800	634,924	650,581	662,328	675,400	685,815	694,906	701,547	705,749
Florida	18,801,310	18,804,564	18,845,537	19,053,237	19,297,822	19,545,621	19,845,911	20,209,042	20,613,477	20,963,613	21,244,317	21,477,737
Georgia	9,687,653	9,688,729	9,711,881	9,802,431	9,901,430	9,972,479	10,067,278	10,178,447	10,301,890	10,410,330	10,511,131	10,617,423
Hawaii	1,360,301	1,360,307	1,363,963	1,379,329	1,394,804	1,408,243	1,414,538	1,422,052	1,427,559	1,424,393	1,420,593	1,415,872
Idaho	1,567,582	1,567,657	1,570,746	1,583,910	1,595,324	1,611,206	1,631,112	1,651,059	1,682,380	1,717,715	1,750,536	1,787,065
Illinois	12,830,632	12,831,572	12,840,503	12,867,454	12,882,510	12,895,129	12,884,493	12,858,913	12,820,527	12,778,828	12,723,071	12,671,821
Indiana	6,483,802	6,484,051	6,490,432	6,516,528	6,537,703	6,568,713	6,593,644	6,608,422	6,634,304	6,658,078	6,695,497	6,732,219
Iowa	3,046,355	3,046,871	3,050,745	3,066,336	3,076,190	3,092,997	3,109,350	3,120,960	3,131,371	3,141,550	3,148,618	3,155,070
Kansas	2,853,118	2,853,123	2,858,190	2,869,225	2,885,257	2,893,212	2,900,475	2,909,011	2,910,844	2,908,718	2,911,359	2,913,314
Kentucky	4,339,367	4,339,333	4,348,181	4,369,821	4,386,346	4,404,659	4,414,349	4,425,976	4,438,182	4,452,268	4,461,153	4,467,673
Louisiana	4,533,372	4,533,487	4,544,532	4,575,625	4,600,972	4,624,527	4,644,013	4,664,628	4,678,135	4,670,560	4,659,690	4,648,794
Maine	1,328,361	1,328,358	1,327,629	1,328,284	1,327,729	1,328,009	1,330,513	1,328,262	1,331,317	1,334,612	1,339,057	1,344,212
Maryland	5,773,552	5,773,794	5,788,645	5,839,419	5,886,992	5,923,188	5,957,283	5,985,562	6,003,323	6,023,868	6,035,802	6,045,680
Massachusetts	6,547,629	6,547,785	6,566,307	6,613,583	6,663,005	6,713,315	6,762,596	6,794,228	6,823,608	6,859,789	6,882,635	6,892,503
Michigan	9,883,640	9,884,116	9,877,510	9,882,412	9,897,145	9,913,065	9,929,848	9,931,715	9,950,571	9,973,114	9,984,072	9,986,857
Minnesota	5,303,925	5,303,927	5,310,828	5,346,143	5,376,643	5,413,479	5,451,079	5,482,032	5,522,744	5,566,230	5,606,249	5,639,632
Mississippi	2,967,297	2,968,130	2,970,548	2,978,731	2,983,816	2,988,711	2,990,468	2,988,471	2,987,938	2,988,510	2,981,020	2,976,149
Missouri	5,988,927	5,988,950	5,995,974	6,010,275	6,024,367	6,040,715	6,056,202	6,071,732	6,087,135	6,106,670	6,121,623	6,137,428
Montana	989,415	989,407	990,697	997,316	1,003,783	1,013,569	1,021,869	1,030,475	1,040,859	1,052,482	1,060,665	1,068,778
Nebraska	1,826,341	1,826,305	1,829,542	1,840,672	1,853,303	1,865,279	1,879,321	1,891,277	1,905,616	1,915,947	1,925,614	1,934,408
Nevada	2,700,551	2,700,677	2,702,405	2,712,730	2,743,996	2,775,970	2,817,628	2,866,939	2,917,563	2,969,905	3,027,341	3,080,156
New Hampshire	1,316,470	1,316,462	1,316,762	1,320,202	1,324,232	1,326,622	1,333,341	1,336,350	1,342,307	1,348,787	1,353,465	1,359,711
New Jersey	8,791,894	8,791,978	8,799,446	8,828,117	8,844,942	8,856,972	8,864,525	8,867,949	8,870,827	8,885,525	8,886,025	8,882,190
New Mexico	2,059,179	2,059,199	2,064,552	2,080,450	2,087,309	2,092,273	2,089,568	2,089,291	2,091,630	2,091,784	2,092,741	2,096,829
New York	19,378,102	19,378,144	19,399,878	19,499,241	19,572,932	19,624,447	19,651,049	19,654,666	19,633,428	19,589,572	19,530,351	19,453,561

Geographic Area	April 1, 2010		Population Estimate (as of July 1)									
	Census	Estimates Base	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
North Carolina	9,535,483	9,535,751	9,574,323	9,657,592	9,749,476	9,843,336	9,932,887	10,031,646	10,154,788	10,268,233	10,381,615	10,488,084
North Dakota	672,591	672,576	674,715	685,225	701,176	722,036	737,401	754,066	754,434	754,942	758,080	762,062
Ohio	11,536,504	11,536,751	11,539,336	11,544,663	11,548,923	11,576,684	11,602,700	11,617,527	11,634,370	11,659,650	11,676,341	11,689,100
Oklahoma	3,751,351	3,751,582	3,759,944	3,788,379	3,818,814	3,853,214	3,878,187	3,909,500	3,926,331	3,931,316	3,940,235	3,956,971
Oregon	3,831,074	3,831,079	3,837,491	3,872,036	3,899,001	3,922,468	3,963,244	4,015,792	4,089,976	4,143,625	4,181,886	4,217,737
Pennsylvania	12,702,379	12,702,868	12,711,160	12,745,815	12,767,118	12,776,309	12,788,313	12,784,826	12,782,275	12,787,641	12,800,922	12,801,989
Rhode Island	1,052,567	1,052,964	1,053,959	1,053,649	1,054,621	1,055,081	1,055,936	1,056,065	1,056,770	1,055,673	1,058,287	1,059,361
South Carolina	4,625,364	4,625,366	4,635,649	4,671,994	4,717,354	4,764,080	4,823,617	4,891,938	4,957,968	5,021,268	5,084,156	5,148,714
South Dakota	814,180	814,198	816,166	823,579	833,566	842,316	849,129	853,988	862,996	872,868	878,698	884,659
Tennessee	6,346,105	6,346,276	6,355,311	6,399,291	6,453,898	6,494,340	6,541,223	6,591,170	6,646,010	6,708,799	6,771,631	6,829,174
Texas	25,145,561	25,146,091	25,241,971	25,645,629	26,084,481	26,480,266	26,964,333	27,470,056	27,914,410	28,295,273	28,628,666	28,995,881
Utah	2,763,885	2,763,891	2,775,332	2,814,384	2,853,375	2,897,640	2,936,879	2,981,835	3,041,868	3,101,042	3,153,550	3,205,958
Vermont	625,741	625,737	625,879	627,049	626,090	626,210	625,214	625,216	623,657	624,344	624,358	623,989
Virginia	8,001,024	8,001,049	8,023,699	8,101,155	8,185,080	8,252,427	8,310,993	8,361,808	8,410,106	8,463,587	8,501,286	8,535,519
Washington	6,724,540	6,724,540	6,742,830	6,826,627	6,897,058	6,963,985	7,054,655	7,163,657	7,294,771	7,423,362	7,523,869	7,614,893
West Virginia	1,852,994	1,853,018	1,854,239	1,856,301	1,856,872	1,853,914	1,849,489	1,842,050	1,831,023	1,817,004	1,804,291	1,792,147
Wisconsin	5,686,986	5,687,285	5,690,475	5,705,288	5,719,960	5,736,754	5,751,525	5,760,940	5,772,628	5,790,186	5,807,406	5,822,434
Wyoming	563,626	563,775	564,487	567,299	576,305	582,122	582,531	585,613	584,215	578,931	577,601	578,759

(X) Not applicable.

Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. See Geographic Terms and Definitions at <http://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are included in each region. All geographic boundaries for the 2019 population estimates series except statistical area delineations are as of January 1, 2019. For population estimates methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.

**Table 2. Estimates of Resident Population Change for the United States, Regions, and States, and Rankings**

Geographic Area	Population Estimate (as of July 1)		Change, 2018 to 2019		National Ranking of Regions and States			
					Population Estimate (as of July 1)		Change, 2018 to 2019	
	2018	2019	Number	Percent	2018	2019	Number	Percent
<b>United States</b>	326,687,501	328,239,523	1,552,022	0.5	(X)	(X)	(X)	(X)
<b>Northeast</b>	56,046,620	55,982,803	-63,817	-0.1	4	4	4	4
<b>Midwest</b>	68,236,628	68,329,004	92,376	0.1	3	3	3	3
<b>South</b>	124,569,433	125,580,448	1,011,015	0.8	1	1	1	1
<b>West</b>	77,834,820	78,347,268	512,448	0.7	2	2	2	2
Alabama	4,887,681	4,903,185	15,504	0.3	24	24	20	26
Alaska	735,139	731,545	-3,594	-0.5	48	48	43	50
Arizona	7,158,024	7,278,717	120,693	1.7	14	14	3	3
Arkansas	3,009,733	3,017,804	8,071	0.3	33	33	28	27
California	39,461,588	39,512,223	50,635	0.1	1	1	12	36
Colorado	5,691,287	5,758,736	67,449	1.2	21	21	7	8
Connecticut	3,571,520	3,565,287	-6,233	-0.2	29	29	47	45
Delaware	965,479	973,764	8,285	0.9	45	45	26	12
District of Columbia	701,547	705,749	4,202	0.6	49	49	34	17
Florida	21,244,317	21,477,737	233,420	1.1	3	3	2	9
Georgia	10,511,131	10,617,423	106,292	1.0	8	8	5	11
Hawaii	1,420,593	1,415,872	-4,721	-0.3	40	40	45	47
Idaho	1,750,536	1,787,065	36,529	2.1	39	39	14	1
Illinois	12,723,071	12,671,821	-51,250	-0.4	6	6	50	49
Indiana	6,695,497	6,732,219	36,722	0.5	17	17	13	19
Iowa	3,148,618	3,155,070	6,452	0.2	31	31	30	30
Kansas	2,911,359	2,913,314	1,955	0.1	35	35	38	39
Kentucky	4,461,153	4,467,673	6,520	0.1	26	26	29	34
Louisiana	4,659,690	4,648,794	-10,896	-0.2	25	25	48	46
Maine	1,339,057	1,344,212	5,155	0.4	42	42	33	25
Maryland	6,035,802	6,045,680	9,878	0.2	19	19	23	33
Massachusetts	6,882,635	6,892,503	9,868	0.1	15	15	24	35
Michigan	9,984,072	9,986,857	2,785	0.0	10	10	37	40
Minnesota	5,606,249	5,639,632	33,383	0.6	22	22	17	18
Mississippi	2,981,020	2,976,149	-4,871	-0.2	34	34	46	44
Missouri	6,121,623	6,137,428	15,805	0.3	18	18	19	29
Montana	1,060,665	1,068,778	8,113	0.8	43	43	27	15
Nebraska	1,925,614	1,934,408	8,794	0.5	37	37	25	22
Nevada	3,027,341	3,080,156	52,815	1.7	32	32	10	2
New Hampshire	1,353,465	1,359,711	6,246	0.5	41	41	31	21
New Jersey	8,886,025	8,882,190	-3,835	0.0	11	11	44	42
New Mexico	2,092,741	2,096,829	4,088	0.2	36	36	35	32
New York	19,530,351	19,453,561	-76,790	-0.4	4	4	51	48
North Carolina	10,381,615	10,488,084	106,469	1.0	9	9	4	10
North Dakota	758,080	762,062	3,982	0.5	47	47	36	20
Ohio	11,676,341	11,689,100	12,759	0.1	7	7	22	37
Oklahoma	3,940,235	3,956,971	16,736	0.4	28	28	18	23
Oregon	4,181,886	4,217,737	35,851	0.9	27	27	15	13
Pennsylvania	12,800,922	12,801,989	1,067	0.0	5	5	41	41
Rhode Island	1,058,287	1,059,361	1,074	0.1	44	44	40	38
South Carolina	5,084,156	5,148,714	64,558	1.3	23	23	8	6
South Dakota	878,698	884,659	5,961	0.7	46	46	32	16
Tennessee	6,771,631	6,829,174	57,543	0.8	16	16	9	14
Texas	28,628,666	28,995,881	367,215	1.3	2	2	1	5
Utah	3,153,550	3,205,958	52,408	1.7	30	30	11	4
Vermont	624,358	623,989	-369	-0.1	50	50	42	43
Virginia	8,501,286	8,535,519	34,233	0.4	12	12	16	24
Washington	7,523,869	7,614,893	91,024	1.2	13	13	6	7
West Virginia	1,804,291	1,792,147	-12,144	-0.7	38	38	49	51
Wisconsin	5,807,406	5,822,434	15,028	0.3	20	20	21	28
Wyoming	577,601	578,759	1,158	0.2	51	51	39	31

**Table 3. Estimates of the Components of Resident Population Change: July 1, 2018 to July 1, 2019**

Geographic Area	Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration		
			Births	Deaths	Total	International <sup>2</sup>	Domestic
<b>United States</b>	1,552,022	956,674	3,791,712	2,835,038	595,348	595,348	(X)
<b>Northeast</b>	-63,817	97,152	602,740	505,588	-160,186	134,145	-294,331
<b>Midwest</b>	92,376	169,489	792,343	622,854	-75,874	85,675	-161,549
<b>South</b>	1,011,015	359,114	1,481,244	1,122,130	650,855	242,942	407,913
<b>West</b>	512,448	330,919	915,385	584,466	180,553	132,586	47,967
Alabama	15,504	3,434	57,313	53,879	12,159	2,772	9,387
Alaska	-3,594	5,212	10,031	4,819	-8,823	659	-9,482
Arizona	120,693	21,419	81,942	60,523	98,799	7,782	91,017
Arkansas	8,071	5,318	36,640	31,322	2,783	268	2,515
California	50,635	180,097	462,617	282,520	-129,386	74,028	-203,414
Colorado	67,449	25,408	64,524	39,116	41,858	10,523	31,335
Connecticut	-6,233	3,418	34,567	31,149	-9,736	12,323	-22,059
Delaware	8,285	1,229	10,683	9,454	7,034	73	6,961
District of Columbia	4,202	3,816	9,493	5,677	401	2,604	-2,203
Florida	233,420	10,003	221,695	211,692	222,588	88,678	133,910
Georgia	106,292	41,554	127,873	86,319	64,733	15,053	49,680
Hawaii	-4,721	4,130	16,878	12,748	-8,803	5,014	-13,817
Idaho	36,529	8,912	22,220	13,308	27,527	167	27,360
Illinois	-51,250	34,295	144,299	110,004	-85,777	19,209	-104,986
Indiana	36,722	18,536	80,711	62,175	18,376	14,379	3,997
Iowa	6,452	8,863	37,672	28,809	-2,348	2,663	-5,011
Kansas	1,955	10,227	35,457	25,230	-8,253	4,104	-12,357
Kentucky	6,520	7,397	53,471	46,074	-776	765	-1,541
Louisiana	-10,896	12,155	58,498	46,343	-23,005	3,040	-26,045
Maine	5,155	-2,262	12,073	14,335	7,465	852	6,613
Maryland	9,878	18,638	70,091	51,453	-8,654	15,011	-23,665
Massachusetts	9,868	11,855	70,419	58,564	-1,848	28,426	-30,274
Michigan	2,785	13,489	109,472	95,983	-10,524	13,146	-23,670
Minnesota	33,383	24,442	67,642	43,200	9,178	9,113	65
Mississippi	-4,871	4,442	35,978	31,536	-9,311	1,429	-10,740
Missouri	15,805	11,156	71,297	60,141	4,793	5,503	-710
Montana	8,113	1,748	11,618	9,870	6,346	322	6,024
Nebraska	8,794	9,761	25,343	15,582	-925	3,295	-4,220
Nevada	52,815	10,322	35,932	25,610	42,237	-970	43,207
New Hampshire	6,246	-121	12,004	12,125	6,416	1,947	4,469
New Jersey	-3,835	23,778	99,501	75,723	-27,662	21,284	-48,946
New Mexico	4,088	4,737	23,125	18,388	-590	1,546	-2,136
New York	-76,790	58,107	222,924	164,817	-134,896	45,753	-180,649
North Carolina	106,469	24,891	119,203	94,312	81,522	14,184	67,338
North Dakota	3,982	4,286	10,536	6,250	-316	951	-1,267
Ohio	12,759	16,541	134,291	117,750	-3,363	9,553	-12,916
Oklahoma	16,736	8,493	48,759	40,266	8,306	4,484	3,822
Oregon	35,851	6,742	43,305	36,563	29,116	3,295	25,821
Pennsylvania	1,067	1,751	135,190	133,439	-56	19,532	-19,588
Rhode Island	1,074	679	10,481	9,802	430	3,645	-3,215
South Carolina	64,558	5,609	56,353	50,744	58,758	5,724	53,034
South Dakota	5,961	4,574	11,911	7,337	1,382	418	964
Tennessee	57,543	12,262	80,239	67,977	45,302	9,293	36,009
Texas	367,215	175,878	378,664	202,786	190,704	65,044	125,660
Utah	52,408	31,199	48,642	17,443	21,167	5,579	15,588
Vermont	-369	-53	5,581	5,634	-299	383	-682
Virginia	34,233	28,674	98,403	69,729	5,733	14,869	-9,136
Washington	91,024	29,363	87,950	58,587	61,579	24,103	37,476
West Virginia	-12,144	-4,679	17,888	22,567	-7,422	-349	-7,073
Wisconsin	15,028	13,319	63,712	50,393	1,903	3,341	-1,438
Wyoming	1,158	1,630	6,601	4,971	-474	538	-1,012

**Table 4. Cumulative Estimates of the Components of Resident Population Change: April 1, 2010 to July 1, 2019**

Geographic Area	Total Population Change <sup>1</sup>	Natural Increase	Vital Events		Net Migration		
			Births	Deaths	Total	International <sup>2</sup>	Domestic
<b>United States</b>	19,481,418	11,621,558	36,275,313	24,653,755	7,859,860	7,859,860	(X)
<b>Northeast</b>	664,360	1,341,107	5,810,236	4,469,129	-659,918	1,851,164	-2,511,082
<b>Midwest</b>	1,399,279	1,977,234	7,627,933	5,650,699	-563,388	1,102,655	-1,666,043
<b>South</b>	11,017,418	4,384,770	13,996,064	9,611,294	6,596,570	3,156,088	3,440,482
<b>West</b>	6,400,361	3,918,447	8,841,080	4,922,633	2,486,596	1,749,953	736,643
Alabama	123,060	70,234	543,396	473,162	53,493	39,655	13,838
Alaska	21,296	62,616	102,219	39,603	-42,054	16,537	-58,591
Arizona	886,429	288,139	783,281	495,142	595,848	142,125	453,723
Arkansas	101,773	66,688	351,712	285,024	34,584	23,180	11,404
California	2,257,704	2,163,148	4,529,407	2,366,259	109,506	1,021,544	-912,038
Colorado	729,417	276,844	605,216	328,372	447,573	95,710	351,863
Connecticut	-8,860	54,839	333,491	278,652	-63,899	136,392	-200,291
Delaware	75,827	23,128	101,672	78,544	52,765	13,227	39,538
District of Columbia	103,982	41,806	87,527	45,721	61,065	33,805	27,260
Florida	2,673,173	266,255	2,025,141	1,758,886	2,396,653	1,107,039	1,289,614
Georgia	928,694	483,669	1,203,841	720,172	441,756	188,808	252,948
Hawaii	55,565	66,780	169,133	102,353	-10,429	59,793	-70,222
Idaho	219,408	90,989	208,785	117,796	127,605	14,457	113,148
Illinois	-159,751	462,146	1,438,187	976,041	-622,928	242,945	-865,873
Indiana	248,168	200,313	766,932	566,619	50,242	99,099	-48,857
Iowa	108,199	89,895	358,277	268,382	18,712	47,837	-29,125
Kansas	60,191	117,135	355,093	237,958	-56,737	51,058	-107,795
Kentucky	128,340	92,337	510,539	418,202	36,959	50,229	-13,270
Louisiana	115,307	171,756	575,059	403,303	-57,242	44,961	-102,203
Maine	15,854	-10,773	116,512	127,285	27,507	11,551	15,956
Maryland	271,886	235,972	670,809	434,837	39,003	198,996	-159,993
Massachusetts	344,718	146,074	663,370	517,296	202,992	361,770	-158,778
Michigan	102,741	177,254	1,043,213	865,959	-73,053	193,031	-266,084
Minnesota	335,705	250,488	637,356	386,868	88,161	114,414	-26,253
Mississippi	8,019	68,667	352,877	284,210	-61,248	18,949	-80,197
Missouri	148,478	148,676	689,089	540,413	1,943	62,409	-60,466
Montana	79,371	23,363	112,063	88,700	55,715	6,357	49,358
Nebraska	108,103	93,770	241,007	147,237	14,903	35,100	-20,197
Nevada	379,479	120,978	330,058	209,080	256,952	22,389	234,563
New Hampshire	43,249	7,925	114,444	106,519	36,136	26,296	9,840
New Jersey	90,212	282,620	952,425	669,805	-192,493	298,681	-491,174
New Mexico	37,630	74,679	236,548	161,869	-36,933	26,589	-63,522
New York	75,417	758,323	2,177,836	1,419,513	-681,210	698,000	-1,379,210
North Carolina	952,333	307,836	1,111,356	803,520	639,170	163,662	475,508
North Dakota	89,486	40,507	97,654	57,147	47,388	12,724	34,664
Ohio	152,349	203,832	1,274,433	1,070,601	-46,936	170,595	-217,531
Oklahoma	205,389	120,719	480,618	359,899	84,467	56,503	27,964
Oregon	386,658	94,584	415,363	320,779	291,730	58,232	233,498
Pennsylvania	99,121	90,377	1,297,472	1,207,095	17,332	274,060	-256,728
Rhode Island	6,397	9,669	100,094	90,425	-2,877	36,913	-39,790
South Carolina	523,348	102,085	529,164	427,079	418,191	50,964	367,227
South Dakota	70,461	42,559	111,921	69,362	27,672	14,192	13,480
Tennessee	482,898	143,253	744,274	601,021	338,428	79,086	259,342
Texas	3,849,790	1,871,086	3,584,148	1,713,062	1,964,386	818,757	1,145,629
Utah	442,067	312,441	467,200	154,759	130,203	48,077	82,126
Vermont	-1,748	2,053	54,592	52,539	-3,406	7,501	-10,907
Virginia	534,470	343,322	941,699	598,377	190,438	261,541	-71,103
Washington	890,353	319,214	813,809	494,595	571,023	234,772	336,251
West Virginia	-60,871	-24,043	182,232	206,275	-36,298	6,726	-43,024
Wisconsin	135,149	150,659	614,771	464,112	-12,755	59,251	-72,006
Wyoming	14,984	24,672	67,998	43,326	-10,143	3,371	-13,514

(X) Not applicable.

<sup>1</sup> Total population change includes a residual. This residual represents the change in population that cannot be attributed to any specific demographic component. See Population Estimates Terms and Definitions at <http://www.census.gov/programs-surveys/popest/about/glossary.html>.

<sup>2</sup> Net international migration for the United States includes the international migration of both native and foreign-born populations. Specifically, it includes: (a) the net international migration of the foreign born, (b) the net migration between the United States and Puerto Rico, (c) the net migration of natives to and from the United States, and (d) the net movement of the Armed Forces population between the United States and overseas. Net international migration for Puerto Rico includes the migration of native and foreign-born populations between the United States and Puerto Rico.

Note: The estimates are based on the 2010 Census and reflect changes to the April 1, 2010 population due to the Count Question Resolution program and geographic program revisions. See Geographic Terms and Definitions at <http://www.census.gov/programs-surveys/popest/guidance-geographies/terms-and-definitions.html> for a list of the states that are included in each region. All geographic boundaries for the 2019 population estimates series except statistical area delineations are as of January 1, 2019. For population estimates methodology statements, see <http://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>.

Source: U.S. Census Bureau, Population Division

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